

The Facilitator's Guide

Companion to

*Culturally Competent Nursing
Care: A Cornerstone of Caring*



www.ThinkCulturalHealth.hhs.gov



Welcome!



Icebreaker



WWSDTOOR

Similarities and Differences Icebreaker



Truth and Lies Icebreaker

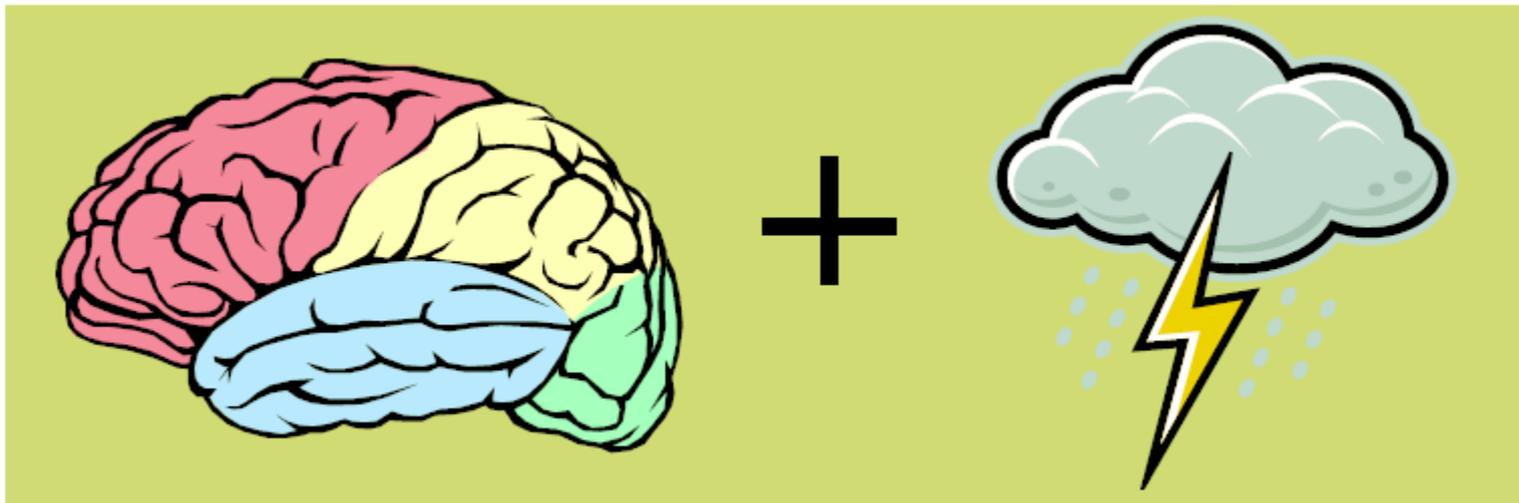


Few Opening Question

- *Has anyone encountered cultural health beliefs or practices you were unfamiliar with?*
- *Have you ever felt unprepared to care for a patient with a different culture or language from yourself?*

Brainstorm

What is cultural competence?



Existence of Health Disparities

Racial and ethnic disparities in health persist across all dimensions of health care. For example:

- *African-American adults are 50% more likely to die from a stroke than White adults*
- *Mexican Americans are more than twice as likely as Whites to have diabetes*
- *Suicide is more than twice as common in the Native American/Alaska Native community than among the overall population*

Growing Diversity

- *Nearly 1 in 5 Americans speaks a language other than English in the home*
- *12% of people in the U.S. are foreign born*
- *By 2050, the non-Hispanic White population will decline to 50.1% of the total US population*

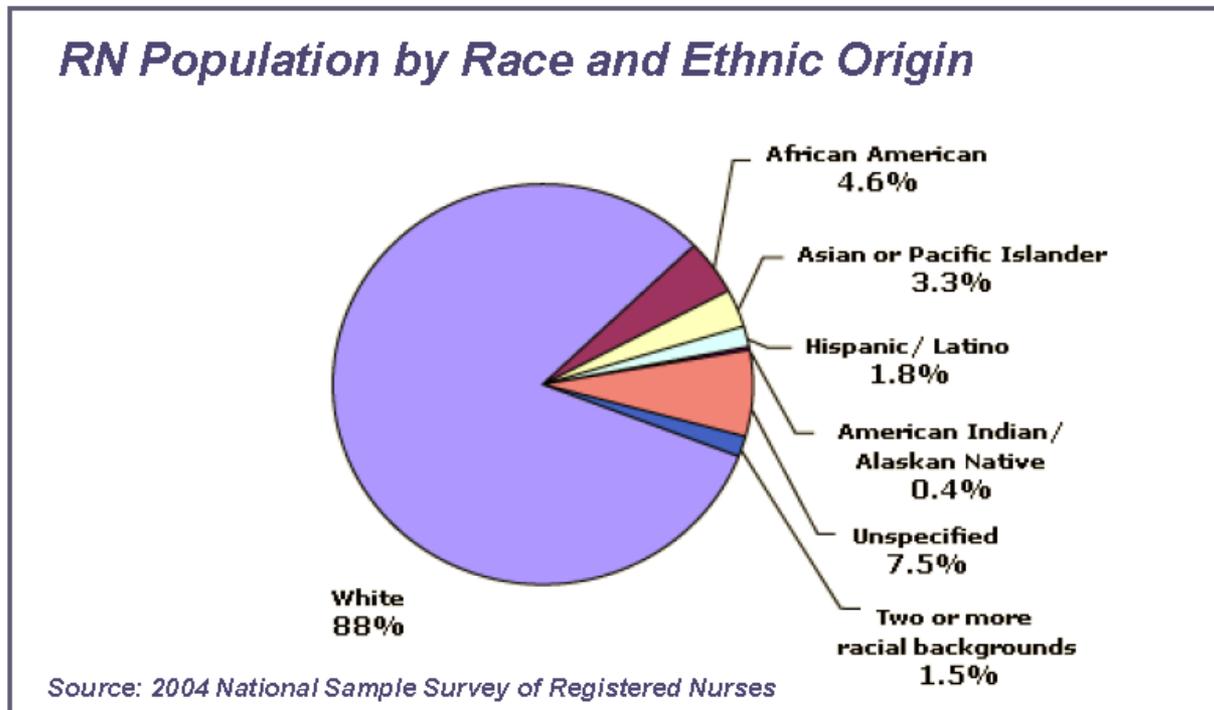
✓ **The U.S. is becoming more diverse**



Sources: <http://www.census.gov/Press-Release/www/releases/archives/population/001720.html>;
<http://www.census.gov/prod/2003pubs/c2kbr-29.pdf>; <http://www.census.gov/prod/2004pubs/p20-551.pdf>; www.census.gov/Press-Release/www/releases/language3.pdf

Nursing Workforce Diversity

- The RN population remains far less diverse than the general population. Approximately 12% of nurses are from a racial/ethnic minority background as compared to 33% of patients*



ANA Endorses Cultural Competence Education

“Providing effective and respectful nursing care to our countries’ increasingly diverse population is of paramount importance to the ANA. The OMH curriculum offers nurses the most comprehensive program regarding culturally competent nursing care.”

Rebecca M. Patton, MSN, RN, CNOR
President, American Nurses Association

National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health Care

- *The CLAS Standards were developed as a means to improve access to health care for minorities, reduce disparities, and improve quality of care*
- *There are 14 standards organized into three themes*
 - *Culturally Competent Care (Standards 1–3)*
 - *Language Access Services (Standards 4–7)*
 - *Organizational Supports (Standards 8–14)*

Curriculum Organization

- *Curriculum is organized into three courses:*
 - *Course I: Delivering Culturally Competent Nursing Care*
 - *Course II: Using Language Access Services*
 - *Course III: Supporting and Advocating for Culturally Competent Health Care Organizations*
- *Each course contains 6 modules*

Earning CNE Credit

- *3 CNEs per course (9 total credits available)*
- *Pass the posttest with 70% or above*
- *Complete course evaluation*
- *A printable certificate will automatically be generated*

U.S. Department of Health & Human Services www.hhs.gov

Office of Minority Health minorityhealth.hhs.gov

OMH U.S. Department of Health and Human Services Office of Minority Health

Culturally Competent Nursing Care: A Cornerstone of Caring

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Welcome to the
DVD Test Center

Welcome to **Culturally Competent Nursing Care: A Cornerstone of Caring** at HHS OMH's Think Cultural Health. Each of the programs featured on Think Cultural Health (TCH) are founded on the National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care (National CLAS Standards).

In April 2013, the National CLAS Standards were re-released after undergoing a two-year enhancement initiative. This program, along with others featured on TCH, is scheduled to be under annual review for accreditation purposes and will be updated to reflect the National CLAS Standards enhancements.

To assist you during this transition, we recommend that you reference this [crosswalk](#) (PDF - 115 KB) and [fact sheet](#) (PDF - 59 KB) which will assist in understanding the numbering and organization of the re-released National CLAS Standards.

Nurses spend more time in direct patient care than other groups of health professionals and are employed in a variety of settings. Increasingly diverse racial, ethnic, and sociocultural backgrounds of patients, colleagues, and staff may present challenges to you as you strive to provide care. Cultural and language differences may engender misunderstanding, a lack of compliance, or other factors that negatively influence clinical situations and impact patient health outcomes. The Culturally Competent Nursing Modules (CCNMs) were developed to effectively equip you with awareness, knowledge, and skills to better treat your increasingly diverse patient population.

Register today to complete the Course Pretests before your facilitated group session, or log in with your username and password to complete the Course Posttests and Evaluations if you have already attended your session.

Nurses can earn up to 9 continuing nursing education units (CNEs) and social workers can earn up to 9 continuing education units (CEUs).

This continuing education activity is jointly sponsored by Cine-Med, Inc, SRA International, and Astute Technology. Supported through unrestricted monies from the Office of Minority Health at the United States Department of Health and Human Services.

To access the Test Center, please log in or complete the registration form. Once your registration is complete, you will be presented with the accrediting information, instructions, and a status checklist.